



July						
S	M	Т	W	Т	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sept	temb	er				
S	Μ	Т	W	Т	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1 Dumplings, Peas,	2 Udon, Edamame,	3
				Carrots, Fruit, Milk	Cookie, Fruit, Milk	
4	5	6	7	8	9	10
	Quesadilla with Chicken and Cheese, Broccoli, Dried Cranberries, Milk	Chicken Pasta, Cookies, Mix Vegetables, Fruit, Milk	Cheese Burger, Chips, Salad, Fruit, Milk, Yogurt Drink	Pizza, Salad with Tomato and Cucumber, Chips, Fruit, Milk	Chicken Nuggets, Corn and Peas, Fruit, Milk	
11	12	13	14	15	16	17
	Beef Ravioli, Peas, Carrots, Fruit, Milk	Chicken Taco with Rice & Black Bean & Lettuce & Tomato & Corn, Fruit, Milk	Cheese Sandwich, String Cheese, Salad, Chips, Fruit, Milk	Chicken Chow Mein with Vegetables, Ice Cream, Fruit, Milk, Chinese Yogurt Drink	Corn Dogs, Edamame, Cookie, Fruit, Milk	
18	19	20	21	22	23	24
	Chicken and Vegetables, Rice and Chicken Mushroom Soup, Fruit, Milk	Quesadilla with Chicken and Cheese, Grapes, Broccoli, Milk	Mac&Cheese with ham, Cupcake, Mix Vegetables, Milk	Cheese Burger, Chips, Salad, Fruit, Milk	Ham & Cucumber & Avocado Wrap, Chips, Fruit, Milk	
25	26	27	28	29	30	31
	Sushi, Vegetables, Miso Soup, Fruit, Milk	Pizza, Salad with Tomato and Cucumber, Chips, Fruit, Milk	Chicken Nuggets, Corn and Peas, Fruit, Milk	Chicken Chow Mein with Vegetables, Ice Cream, Fruit, Milk	Chicken Drumstick Rice, Corn, Fruit, Milk	
1	2	3	4	5	6	7