

October

2025

September						November							
S	M	Т	W	Т	F	S	S	M	Т	W	Т	F	S
	1	2	3	4	5	6							1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30					23	24	25	26	27	28	29
							30						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
28	29	30	1	2	3	4	
			Pork Stew with Veggies, Rice, Garlic Bread, Fruit, Milk	Cheese and Ham Sandwich, Salad, String Cheese, Fruit, Milk	Chicken Pasta, Veggies, Cupcake, Fruit, Milk		
5	6	7	8	9	10	11	
	Beef Ravioli, Garlic Bread, Peas and Carrots, Chips, Milk	Sushi, Seaweed Soup (Miso soup), Edamame, Fruit, Milk	Roast Chicken with Mashed Potatoes, Veggies, Fruit, Yogurt Drink, Milk	Pizza, Salad with Tomato and Cucumber, Chips, Fruit, Milk	(No School)		
12	13	14	15	16	17	18	
	Chicken Nuggets, Veggies, Fruit, Juice, Milk	Chicken Chow Mein, Veggies, Rice Crackers, Fruit, Milk	Beef Hui Fan, Carrots and Corns, Fruit, Milk	Udon, Edamame, Cookie, Fruit, Milk	Taco with Chicken and veggies, French Fries, Fruit, Yogurt Drink, Milk		
19	20	21	22	23	24	25	
	Quesadilla with Chicken and Cheese, Veggies, Grapes, Yogurt, Milk	Lu Rou Fan (Pork Rice Bowl), Edamame, Cookie, Fruit, Milk	Fried Rice with Chicken and Veggies, Yogurt, Fruit, Milk	Dumplings, Peas and Carrots, Fruit, Yogurt Drink, Milk	Pizza, Salad with Tomato and Cucumber, Chips, Fruit, Milk		
26	27	28	29	30	31	1	
	Macaroni and Cheese, Veggies, Cupcake, Fruit, Milk	Sea Food Spaghetti, Dinner Rolls, Salad, Fruit, Milk	The Pig in a Blanket with Sausage, Veggies, Grapes, Yogurt, Milk	Meatball with Hot-Dog Bun, Salad, Cookie, Fruit, Milk	Chicken Nuggets, Veggies, Fruit, Yogurt, Milk		
2	3	4	5	6	7	8	